

FREE...NO COST

Health Consultation Program



**You're Invited to Join Us
On Any One
of the Dates Listed!**

WHERE: Tice Center
411 Chestnut Ridge Rd
Woodcliff Lake

WHEN: 3rd Thursday of month
TIME: 11:30am-12:30pm

DATES FOR 2018

Jan. 18	April 19	Sept. 20
Feb. 15	May 17	Oct. 18
March 15	June 21	Nov. 15
	Aug. 16	

****NO MEETING IN JULY/DEC****

For more information call:

201-391-4977 x201

SERVICES INCLUDE:

- ◆ Health History Evaluation
- ◆ Blood Pressure Measurement
- ◆ Height and Weight
- ◆ Individualized Counseling and Education
- ◆ Referral and Follow-up
- ◆ Confidential Consultation with a Public Health Nurse

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.