

## COUNTY OF BERGEN



**James J. Tedesco III**  
*County Executive*

**BOARD OF CHOSEN  
FREEHOLDERS**

**Department of Human Services**

**Division of Senior Services**

# HOME DELIVERED MEAL PROGRAMS IN BERGEN COUNTY

County of Bergen  
Department of Human Services  
Division of Senior Services  
One Bergen County Plaza  
2<sup>nd</sup> Floor  
Hackensack, NJ 07601

Tel. 201-336-7420  
Toll free: 1-877-222-3737  
Fax: 201-336-7424  
TTY: 1-800-852-7897  
[www.co.bergen.nj.us](http://www.co.bergen.nj.us)

jc/SS/Brochures/MOWbrochure/12-30-18

## Home Delivered Meal Programs

The goal of a home delivered meal program is to enable homebound adults to remain in their community with independence and dignity.

A nutritionally balanced meal is delivered to eligible individuals who are unable to prepare their own meals or shop for food, and do not have anyone to prepare meals or shop for them.

## There are a number of home delivered meal programs in Bergen County.

Residents are served through government or non-profit agencies.

This brochure provides you with the information necessary to contact the program serving your community.

## **BERGEN COUNTY MEALS ON WHEELS PROGRAM**

One Bergen County Plaza, 2<sup>nd</sup> Floor  
Hackensack, NJ 07601-7076  
(201) 336-7420  
Office hours: 8:00 a.m. – 4:00 p.m.  
[seniors@co.bergen.nj.us](mailto:seniors@co.bergen.nj.us)

Serves persons age 60 years and older who are homebound, unable to prepare their own meals, have no one to assist with meal preparation during the day, and not a Medicaid recipient of Managed Long Term Support Services (MLTSS).

### **Hot Meal Plan**

One meal a day delivered between 9:00 a.m. – 2:00 p.m., Monday- Friday.

### **Frozen Meal Plan**

One week supply of meals delivered on a scheduled day each week between 9:00 a.m. – 3:30 p.m.

Frozen meals are fully cooked and can be reheated in the microwave or conventional oven.

Suggested donation is \$1.25 per meal. Donations are voluntary and confidential; service will not be denied if you are unable to donate.

Weekend meals are available for nutritionally high-risk clients only.

Special diet meals are **not** available.

**A copy of this brochure or an application can be accessed at: [www.co.bergen.nj.us](http://www.co.bergen.nj.us)**

**BERGEN COUNTY MEALS ON WHEELS PROGRAM**

**Serving:**

Bergenfield	Garfield	No Arlington
Bogota	Hackensack	Palisades Pk
Carlstadt	Hasbrouck	Ridgefield
Cliffside Pk	Hgts	Ridgefield Pk
E. Rutherford	Leonia	Rochelle Pk
Edgewater	Little Ferry	Rutherford
Elmwood Pk	Lodi	Saddle Brook
Englewood	Lyndhurst	S. Hackensack
Engl. Cliffs	Maywood	Teaneck
Fair Lawn	Moonachie	Teterboro
Fairview	New Milford	Wallington
Ft Lee		Wood Ridge

An application can be completed online at [www.co.bergen.nj.us](http://www.co.bergen.nj.us) , or a copy of the application can be printed and faxed to 201-336-7424.

**BERGEN COUNTY MEALS ON WHEELS SERVING THE DISABLED**

One Bergen County Plaza, 2<sup>nd</sup>Flr  
Hackensack, NJ 07601  
(201) 336-6501  
[bacosta@co.bergen.nj.us](mailto:bacosta@co.bergen.nj.us)

Assists eligible adults age 18 to 59, whether disabled permanently or temporarily, either through physical or mental illness, who are living alone and unable to prepare their own meals.

**Serving:** Same areas and options as Bergen County Meals on Wheels program.

**COMMUNITY MEALS INC.**

c/o Community Church of Glen Rock  
354 Rock Rd. Glen Rock, NJ 07452  
Penny Schildkraut, Executive Director  
Karen Hoy, Associate Director

(201) 447-8295  
Office hours: 10:00 a.m. – 2:00 p.m.

[communitymealsonwheels@gmail.com](mailto:communitymealsonwheels@gmail.com)  
[www.communitymealsonwheels.org](http://www.communitymealsonwheels.org)

Serving homebound persons who are ill or disabled and unable to prepare or obtain meals for themselves.

Delivery Monday-Friday  
Two meals per day \$47.00 per week  
Hot meal \$4.90 per day  
Cold Meal \$4.50 per day

Invoice sent each month; payment by check only.

Special diet meals are available.

**Serving:** Allendale, Glen Rock, Ho-Ho-Kus, Midland Park, Ridgewood, Waldwick, and part of Saddle River.

**PASCACK VALLEY MEALS ON WHEELS a/n/a MEALS ON WHEELS NORTH JERSEY**

100 Madison Ave, Suite 3  
Westwood, NJ 07675  
Jeanne Martin, Director  
(201) 358-0050  
[www.mealsonwheelsnorthjersey.org](http://www.mealsonwheelsnorthjersey.org)

Office Hours: 9:00 a.m. – 4:00 p.m.

Serves homebound persons of all ages.

Hot lunch & sandwich delivered Monday-Friday for \$7.35 per day; or based upon availability, one hot meal for a voluntary donation.

Special diet meals are available.

**Serving:** Alpine, Closter, Cresskill, Demarest, Dumont, Emerson, Franklin Lakes, Harrington Park, Haworth, Hillsdale, Mahwah, Montvale, New Milford, Northvale, Norwood, Oakland, Old Tappan, Oradell, Paramus, Park Ridge, Ramsey, River Edge, River Vale, Rockleigh, part of Saddle River, Tenafly, Upper Saddle River, Washington Township, Westwood, Woodcliff Lake.

**WYCKOFF MEALS ON WHEELS**

Town Hall, Franklin Avenue  
Wyckoff, NJ 07481

Alma Mader, (201) 891-4840  
Leave message on answering machine.

Serves homebound persons of all ages.  
Hot meal: \$15.00 per week;  
Hot meal & sandwich: \$17.50 per week, sliding scale.

Meals delivered Monday- Friday including holidays.

Special diet meals are available.

**Serving:** Wyckoff only

**KOSHER MEALS ON WHEELS**

Jewish Family & Children's Services of North Jersey

1485 Teaneck Road  
Teaneck, NJ 07666  
(201) 837-9090  
[ira@jfsbergen.org](mailto:ira@jfsbergen.org)

Serves homebound persons of all ages.

One week supply of frozen meals delivered once a week on a scheduled day, Monday – Friday;

Donation suggested.

Low sodium kosher meals only.

**Serving:** All of Bergen County