

Unpacking Family Baggage: Healing from Trauma & Addiction

Pascack Hills H.S.

225 West Grand Ave, Montvale, NJ

Wednesday, April 22nd

Mental Health Resource Fair 6-7pm

Keynote Speaker: Claudia Black, Ph.D. 7-9pm



Trauma begets trauma; addiction begets addiction; and each tends to beget the other. Both reverberate throughout a family system. Come and benefit from the years of experience of **Claudia Black, Ph.D.** as she will visually portray how we carry family of origin issues into our adult lives using the metaphor of the Baggage Cart, discuss trauma and addictions, and offer a 7-step path to a healing process.

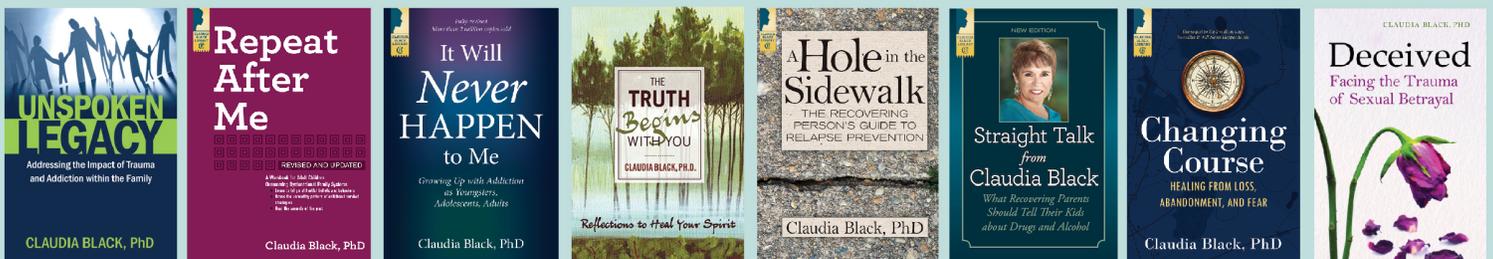
Dr. Black's passion has been ageless and offers a foundation for those impacted by addiction, codependency, and mental health challenges. This will be an impactful evening!

ABOUT THE SPEAKER:

Claudia Black, Ph.D. is a renowned addiction author, speaker, and trainer -internationally recognized for her pioneering and contemporary work with family systems, addictive disorders and treating complex addiction and mental health issues faced by youth and young adults. Dr. Black's expertise includes treating trauma and addictions. She empowers and strengthens families through treatment and her educational programs that address removing barriers to recovery in order to embrace multi-generational healing.



Dr. Black's books will be available at the event for purchase or order - CASH or CHECK only.



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The Hills/Valley Coalition for Resilient Youth

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