



**BOROUGH OF WOODCLIFF LAKE
BOARD OF HEALTH MEETING MINUTES
JUNE 20, 2017
7:45 PM**

CALL TO ORDER

Notice of this meeting, in accordance with the "Open Public Meetings Law, 1975, C. "231", was posted at the Borough Hall, and two newspapers, The Record and The Ridgewood News, were notified.

ROLL CALL

John Frey, Board of Health President asked for a roll call. Members Josephine Higgins, Dr. Steven Sperber, Dr. Mary Clark, Elaine Metlitz and Michelle Micali were present as well as Board of Health Secretary Debbie Dakin. Dr. Christine LaPaglia was absent. Councilwoman Kristy Herrington arrived at 9:00 PM after attending the Town Beautification Committee meeting.

PLEDGE OF ALLEGIANCE

All present recited the Pledge of Allegiance.

APPROVAL OF MINUTES

MOTION to approve the Minutes of May 16, 2017 was made by Elaine Metlitz, seconded by Michelle Micali and unanimously approved.

SANITARIAN'S REPORT

Linda Quinn was not in attendance since Marla Klein from the County was present. Ms. Quinn did submit her Sanitarian's Report ahead of time. Mr. Frey had a few questions regarding the report. One was why the snack stand at the pool was unsatisfactory and what violations were at The Manor. Mr. Frey suggested that we wait until the next meeting and follow-up with Ms. Quinn regarding her report.

NEW BUSINESS

- Community Health Assessment Report, presented by Marla Klein

Mr. Frey stated that Marla Klein who works for the Bergen County Department of Health is present tonight to have a presentation on the Community Health Assessment Report. Mr. Frey has been working with the County and is on their Planning Committee. The County offers a lot of services that we are eligible to tap into and we don't. We have taken advantage of a few but there are a lot more.

Ms. Klein stated that she is a registered dietician and nutritionist, an alcohol and drug certified prevention specialist, mental health specialist, emergency responder through the County, and a master trainer for Stanford University and trained by them to run two types of classes – a cancer survivor program and a self-management program. Ms. Klein's main job is to coordinate the community health assessment with the hospitals every three years and ensure that we are implementing some strategies and initiatives to address the health needs of Bergen County.

Ms. Klein stated that she wanted to give a brief overview. The Bergen County Health Department is our health department because we are contracting with them for general day to day services. All of them are anxious to work up here and help us. Ms. Klein gave Mr. Frey the new assessment report of the County. Every hospital has to do a health assessment and partner with the community and public health or they lose their IRS non-profit status. Ms. Klein stated that the priorities are obesity prevention, chronic disease prevention management and treatment, making sure people improve their nutrition, increase their physical activity and mental health assessment abuse. These are the basic things that the County is looking at both as a County Health department and also the partnership that she coordinates. One of the examples is the wellness initiative that we did with Park Ridge. John Frey and Elizabeth Calderone were instrumental in trying to get this together. Everyone worked together to try and make this a success. There were a lot of things that went on in 18 towns. There is also free exercise in County parks throughout Bergen County.

Ms. Klein also stated that the alcohol office is also in her department. They have the office of drug and alcohol drug dependency. They do treatment referrals, a half-way house for women (most are from Bergen County and stay between 6-12 months), alumni that come back and mentor other girls, addiction recovery program where they offer intensive out-treatment services three times a week in Hackensack and Municipal Alliance for Drug and Alcohol Abuse. They also have an eating disorder group that meets every other month.

Elaine Metlitz asked Ms. Klein if the program that we had in March was advertised. Ms. Klein stated that it was on the Borough website, Facebook page, Twitter, flyers in Borough Hall and press releases in the newspapers about it.

Ms. Klein asked if the Borough would be interested in having a guest speaker speak with the seniors of Woodcliff Lake regarding the topic of the end of life. They would have a dinner,

speaker and a panel discussion regarding this. This would inform people about preparing a living will and a health proxy. Dr. Sperber stated that he believes this is a very important topic but he doesn't know how many seniors would attend. Ms. Klein stated that if the Borough would like to do this they have tool kit for this. They are flyers ready and an outline of what they could do.

- Cash Receipts Report and Registrar's Report

Board of Health Secretary Debbie Dakin reported that almost all of the food licensing permits have been obtained and \$17,780 has been collected today. There were 5 marriage licenses applied for so far this year and \$500 collected for Board of Health transcripts.

- Various Water Reports

John Frey stated that there water reports were all in range except for a couple in which sodium was high. Four members of the Board of Health took a tour this evening of the Park Ridge Water facilities and it was very interesting.

- Newsletter

Mr. Frey stated that he submitted an article on mosquitos for the next newsletter.

- Ordinances

Everyone received a copy of two draft Ordinances. One was regarding bees and the other was regarding chickens. If everyone would take the Ordinances home and read them and then get back to Administrator Padilla or Debbie Dakin with any comments. These Ordinances would not go before the Mayor and Council until the Board of Health approves them.

Mr. Frey stated that he did some research on bees since he was not too familiar with them.

Dr. Sperber commented that one of the Ordinances goes by square feet and the other by acreage and felt that they should be consistent.

Councilwoman Herrington asked if the Ordinance on "Other Animals" replaces our current Ordinance or is it in addition to. It was the consensus of the Board that the Attorney look at our current Ordinance and add a section about "chickens" into that Ordinance. The new Ordinance talks about dogs and cats and our current Ordinance already has dogs and cats.

OLD BUSINESS

PUBLIC COMMENT

MOTION to open to the public was made by Dr. Mary Clark, seconded by Michelle Micali and unanimously approved.

No comments.

MOTION to close to the public was made by Josephine Higgins, seconded by John Frey and unanimously approved.

ADJOURNMENT

MOTION to adjourn was made by Josephine Higgins, seconded by John Frey and unanimously approved by voice call vote.

Meeting was adjourned at 9:20 PM.

Respectfully submitted,



Deborah Dakin, RMC, CMR
Borough Clerk
Board of Health Secretary