

Attention Woodcliff Lake Residents!

- 1.5 mile community walk/jog
- Fun with friends, family and neighbors
- Award ceremony

What a great time of year to get outside for some exercise and to spend quality time with family, friends, and neighbors.

We're pleased to announce the formation of the Mayor's Life Wellness Committee.

To launch this new committee, we're inviting Woodcliff Lake residents who embrace a healthy lifestyle and wish to spend time with others in the Woodcliff Lake community, to be part of the **Official Kickoff event on October 28th at 2:00 PM on Learning Lane (by Dorchester School).**

Wear comfortable clothes and walking/jogging shoes and be prepared to have fun. The run/jog will be approximately 1.5 miles at your own pace. This is not a race, but rather, an opportunity to get outside and enjoy the Autumn while getting some exercise.

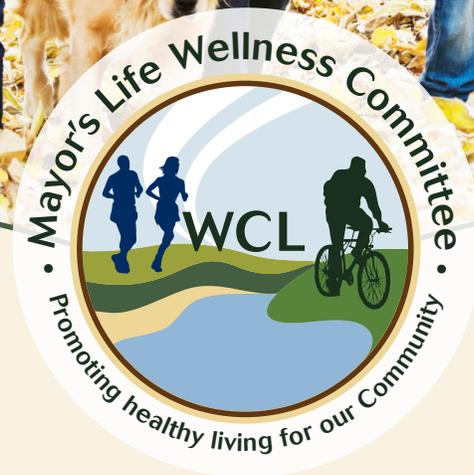
We'll conclude back at the starting point (Learning Lane) for some prizes from local businesses, announcements, and an opportunity to gather with your fellow WCL residents.

Please be sure to tell your friends and family to join us for the first of many fun events!

For more information, please contact:

Neil Tipograph: ntipograph@wclnj.com

Monica Berry: monica.berry@wclnj.com



Attention local businesses!

Reach out to residents and associate your business with a positive initiative.

In an effort to promote a healthy lifestyle and spending more time with friends, families and neighbors, Woodcliff Lake has announced the formation of the Mayor's Life Wellness Committee.

To launch this new committee, we're inviting Woodcliff Lake residents to be part of the **Official Kickoff event on October 28th at 2:00 PM for a Community Walk/Jog.**

This isn't a race. It's an opportunity for families and friends in the community to get outside and enjoy the Autumn air, spend time together, and get some exercise.

We're looking for local businesses to sponsor this event by providing some gifts and giveaways to the participants. This is

a great opportunity to reach out to residents and associate your business with a positive initiative in Woodcliff Lake.

The walk/job will begin on Learning Lane (near Dorchester School) at 2:00 PM on Sunday, October 28th. We'll conclude at the same place for a short ceremony where we would like to give some prizes to the participants.

This is the first of many fun events this committee will run. We hope you will support this important initiative. It's good for Woodcliff Lake and its residents, and it's good for your business.

We're promoting the event on Facebook, through eNewsletters, online and with flyers around town.

For more information, please contact:

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