

FREE...NO COST

Health Consultation Program



You're Invited to Join Us
On Any One
of the Dates Listed!

WHERE: Tice Center
411 Chestnut Ridge Road

WHEN: 3rd Thursday of every

TIME: 11:30am-12:30pm

DATES FOR 2015

Jan. 15	May 21	Sept. 17
Feb. 19	June 18	Oct. 15
March 19	Aug. 20	Nov. 19
April 16		

****NO MEETING IN JULY/DEC****

For more information call:

201-391-4977 x202

SERVICES INCLUDE:

- ◆ Health History Evaluation
- ◆ Blood Pressure Measurement
- ◆ Height and Weight
- ◆ Individualized Counseling and Education
- ◆ Referral and Follow-up
- ◆ Confidential Consultation with a Public Health Nurse

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.